

The New Waters Podcast Discussion Sheet

EPISODE 5 | Sails of Discipleship: How Do We Steer This Thing?

Discipleship isn't just a Christian thing, but a human thing. We all surround ourselves with the things and people we want to be like. In other words, we are "discipled" by what we are closest to. So, for a Christian, what does keeping close to Jesus look like in this cultural moment? What is the role of spiritual disciplines? Are we in a discipleship crisis and what exactly is the problem? And, where exactly are we heading? In the fifth episode of the New Waters podcast, our participants present and discuss their experiences with discipleship. Listen in and continue the conversation in your own context.

Full episode available at newventurescanada.com/newwaters



Ideas for Discussion

Aside from Jesus, who would you say you most naturally follow?

At one point, Josh says that discipleship has to do with discerning the voice of Jesus in our lives. In your experience, is that true? How have you learned to discern the voice of Jesus?

Vijay confesses that he often thought of spiritual disciplines as the mark of a "super Christian" growing up, rather than practices which bring you closer to knowing Jesus on your discipleship journey. What is your take on spiritual disciplines? Have you found a particular discipline to be helpful in your life of discipleship?

Nathan suggests that it's healthy to hold some skepticism towards intentional discipleship, saying that disciples are already being formed regardless of any formal program. Instead, he says, he is more intrigued in the phrase "accidental discipleship." What is your reaction to the idea of accidental discipleship? What kind of disciples are naturally being created in your own context?

In addition to the image of "sails," Dom mentions the app Shazam as an example of how we can be intentional in pursuing discipling relationships. What other pictures or images come to mind when you think of discipleship?

Our participants agree that you have responsibility when it comes to being disciplined and that when you feel "stuck," you need to be intentional about exposing yourself to different traditions, voices, and sources of inspiration, and spiritual practices. Have you ever felt stuck in your life of discipleship? How have you remedied that?